

CERTIFICATE

OF PARTICIPATION

This is to certify that

Canice van der Spuy

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:02:14

PACE 06:12/km

OVERALL 99 of 287

GENDER 30 of 130

SENIOR (20- 13 of 63

39)

04 December 2016, Sun

Date

BoutTime

Signature